



Scoliosis Activity Suit

Powered by BackGenius

HIGHLIGHTS:

- Let's Get Started Checklist
- Putting On Your SAS
- Cleaning and Care
- FAQ's and Troubleshooting
- Product Warranty
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LET'S GET STARTED CHECKLIST



1. Vest
2. Tension Strap
3. Belt
4. Leg Band

PUTTING ON YOUR SAS

Putting on your SAS is quick and easy! Here we will break down how to put on your SAS, and explain what each piece does. Let's begin with a step-by-step guide to putting on your SAS.

STEP ONE:

- Be sure you have all 4 pieces laid out separately and within reach.

(VEST, BELT, LEG BAND, TENSION STRAP)

STEP TWO:

- Wrap your LEG BAND around your thigh and secure tightly in front using Velcro.

STEP THREE:

- Wrap your BELT around your waist and attach both ends to the LEG BAND.

STEP FOUR:

- Put your VEST on and secure snugly using Velcro.

STEP FIVE:

- Make sure your VEST bottom tab is attached to your BELT.

STEP SIX:

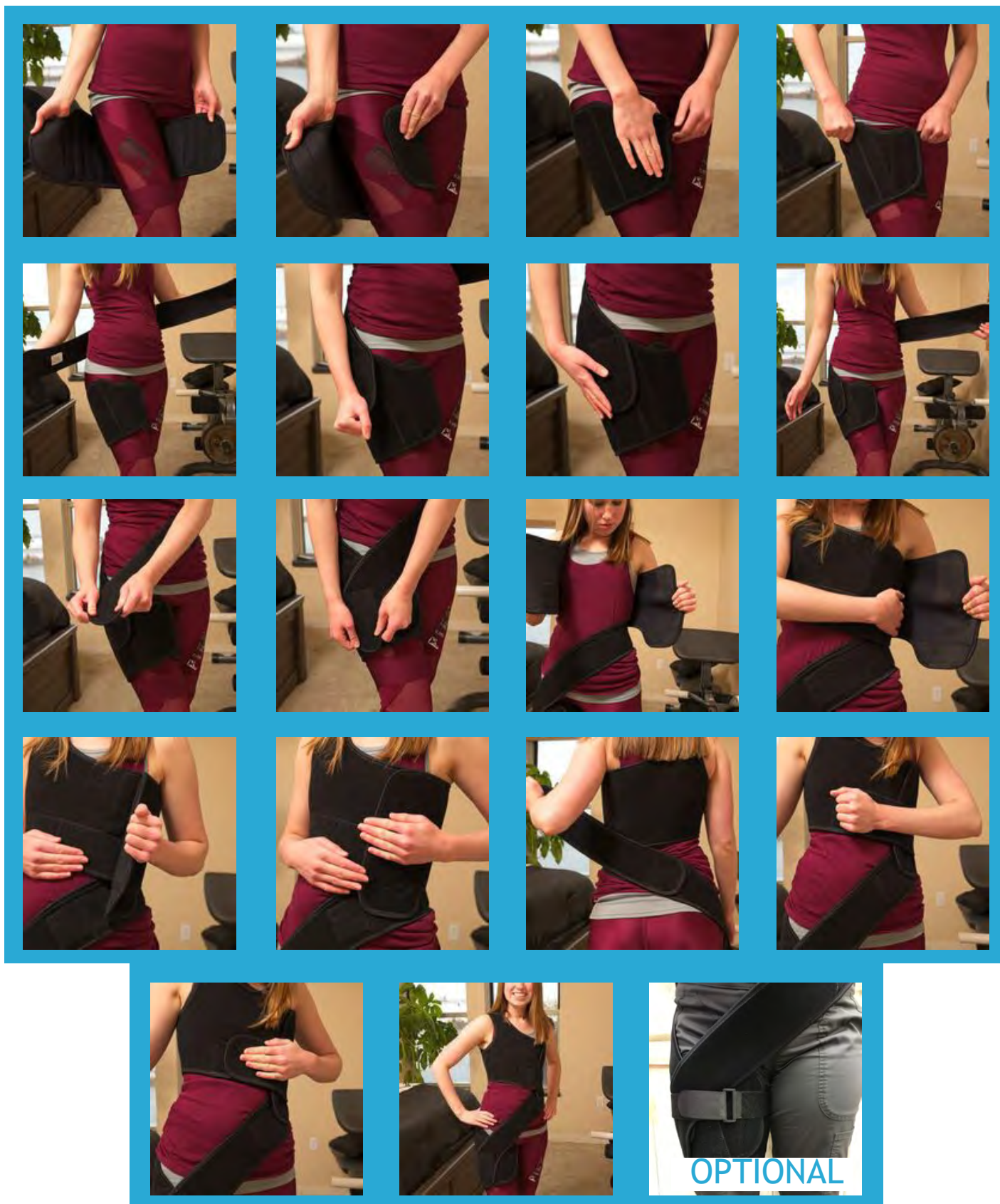
- Attach your TENSION STRAP snugly starting in the back middle part of your BELT, and wrap it around to the middle front part of your VEST and secure.

STEP SEVEN (OPTIONAL):

- Wrap the Optional Leg Band Strap around the center of your Leg Band and secure snugly using its Velcro.

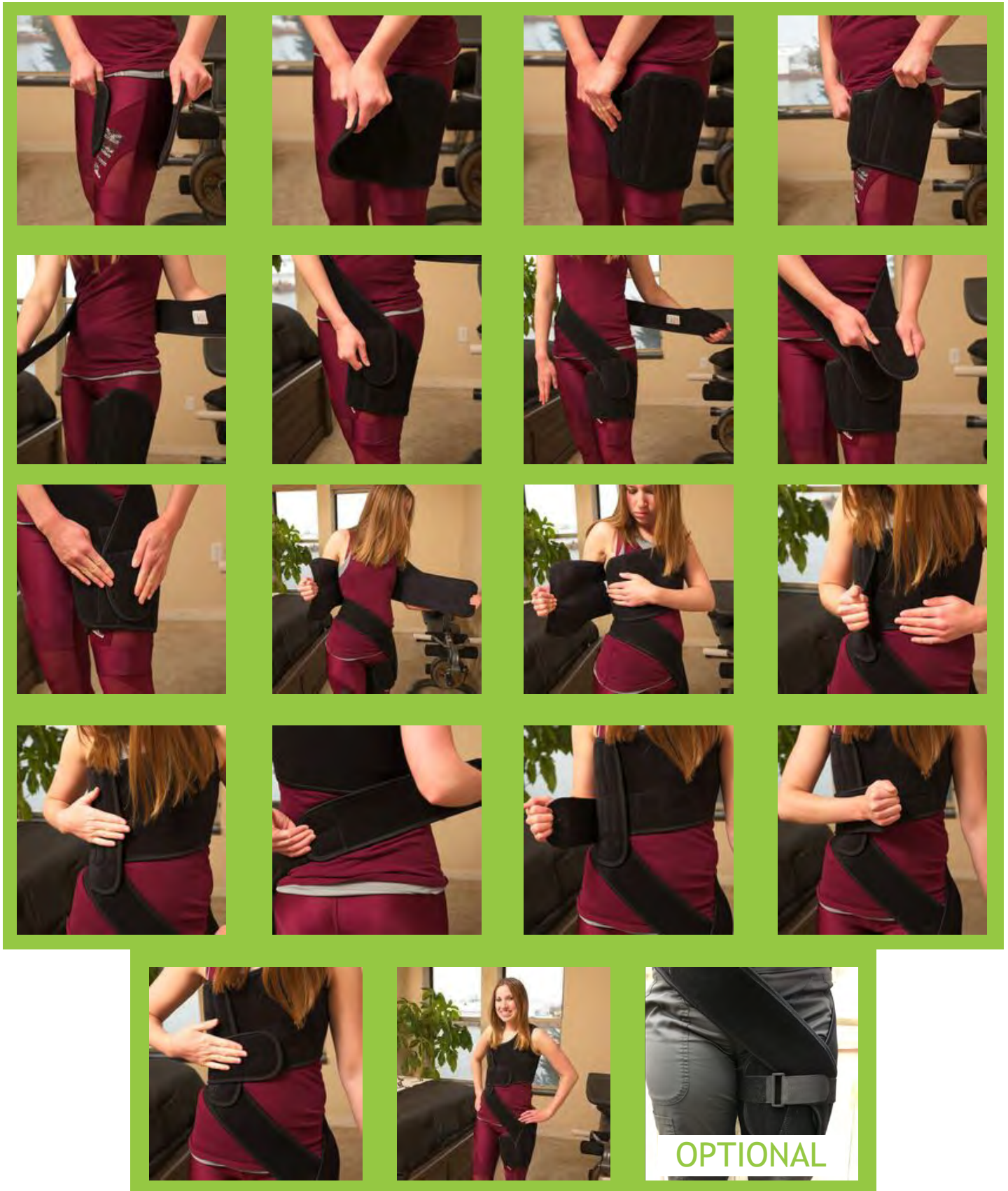
RIGHT LEG SETUP

Follow the pictures below for a right leg anchor setup:



LEFT LEG SETUP

Follow the below pictures for a left leg anchor setup:



LEG BAND

The Leg Band is the piece that goes on first and anchors the Belt to the upper thigh and activates the SAS when you are active. Align the Velcro attachment area to the lateral side of your thigh with the short end toward the front of your leg. Wrap the longer end around your thigh and secure the front with the Velcro on the shorter end. This should be a comfortable fit that isn't too loose and not tight enough to restrict movement or cut off circulation.

BELT

Your Belt goes on next and will connect to the leg band allowing the torso and hips to be engaged in the active resistance created with the ScoliSMART Activity Suit. Hold the Belt in both hands so it is on your side - opposite side of the Leg Band (ends pointing down). Take one end and attach the Velcro tab to the Velcro panel on the Leg Band. Next grab the other end with both hands and pull down and toward your Leg Band and attach to the lower Velcro panel, overlapping the first tab. Make sure the Belt is above your hip bone. This creates the tension needed for proper correction, so the more tension the stronger the resistance.

VEST

The next step is to put on your Vest. This piece links the upper part of the body into the corrective resistance that will be created, as well as anchoring to the Belt to ensure proper fit. Slide your arm through the hole and place the strap on your shoulder and then hold one end of the Vest in each hand. Take the hand with the front of the Vest and wrap it around the front of your body and hold it in place while you take the other hand and pull tightly as you wrap around the front sliding our other hand away as you come across. Once you have reached the front secure the Velcro to the front of the Vest and then ensure the tab at the bottom of the Vest is attached to your Belt. You may need to hike up the Belt in order for it to secure correctly under the vest. This helps hold the belt in the proper position as well as ensure that the Vest is not too low.

TENSION STRAP

Lastly, you will put on the Tension Strap, which is responsible for linking the Belt to the Vest and creating the corrective resistance. Begin with the Tension Strap behind your back with each side in each hand and begin to position it so it follows the direction and angle of the Belt as it wraps around your back. With the part of the Tension Strap that is lower, find the center Velcro patch on the back of the Belt and attach that end. Then pull the other end creating tension while wrapping around your side and secure it to the front of your Vest. This is the final step to link all the pieces together and to create the resistance that is needed for engaging your scoliosis curve.

FAQs AND TROUBLESHOOTING

How do I put on the Belt piece of my SAS?

After the first attachment is made to the side of the Leg piece, the Belt should wrap around your back. The second attachment should slightly criss cross over the top of the first attachment, so that a portion of the second attachment adheres to both the outside of the first attachment as well as the Leg piece. The Belt ends should be facing downward.

How long should I wear my SAS to start?

Start slowly at 20-30 minutes per day. Please review your specific wear schedule with your BackGenius network Provider.

Why am I having pain?

If you experience an increase in your typical pain (pain that you had before you started wearing the SAS), it can be an indication of a couple of things: 1) the Tension Strap is too tight, thus creating too much resistance too soon and/or 2) the configuration of the Belt piece may not be properly worn. Please consult with your BackGenius network Provider if you have concerns about your current SAS setup.

Are there any specific exercises I should be doing? Is it okay to workout in my SAS?

There are no specific exercises that need to be preformed while wearing your SAS, since the SAS *is an exercise in and of itself*. Since the SAS works by retraining muscle memory during your normal daily activities, we encourage you to preform as many of your normal daily activities in it as possible, including any normal workout routines you may preform.

Why do I have my particular SAS setup?

Your SAS setup is determined by our clinical staff based on a review of your latest x-ray. Bear in mind that the SAS is NOT a brace, and will not act as a supportive device. Rather, it recruits your own torso musculature to create changes in your scoliosis pattern. Hence, it is literally an exercise suit.

Do I have to wear it everyday? What happens if I skip a few days?

Ideally, the SAS should be worn daily to promote optimal muscle memory patterns. However, we realize that our busy schedules can get in the way. Adults wearing the SAS often take a day off once or twice a week, depending on how fast they are ramping up their wear time. This is okay. If exercise soreness occurs from wearing the SAS, then is it also advisable to take a day off for muscle recovery.

PRODUCT WARRANTY

BackGenius provides a 2-year limited warranty. This limited warranty extends only to the original purchaser. Please note that any warranty services or questions must be accompanied by the order number from the transaction through which the warranted product was purchased. The order number serves as your warranty number and must be retained. BackGenius will offer no warranty service without this number. BackGenius warrants this product and its parts against defects in materials or workmanship for 2 years from the original ship date. During this period, BackGenius will repair or replace defective parts with new or reconditioned parts at BackGenius's option, without charge to you. All original parts replaced by BackGenius or its authorized network providers, become the property of BackGenius. Any after-market additions or modifications will not be warranted. The customer is responsible for the payment, at current rates, for any replacement or repair outside the scope of this limited warranty. BackGenius makes no other warranty, either express or implied, including but not limited to implied warranties of merchantability, fitness for a particular purpose, or conformity to any representative or description, with respect to this product other than as set forth below. BackGenius makes no warranty or representation, either expressed or implied, with respect to any other manufacturer's product or documentation, its quality, performance, merchantability fitness for a particular purpose, or conformity to any representation or description. Except as provided below, BackGenius is not liable for any loss, cost, expense, inconvenience or damage that may result from use or inability to use the Activity Suit. Under no circumstances shall BackGenius be liable for any loss, cost, expense, inconvenience or damage exceeding the purchase price of the Activity Suit. The warranty and remedies set forth below are exclusive and in lieu of all others, oral or written, expressed or implied. No reseller, agent or employee is authorized to make any modifications, extension or addition to this warranty. Conditions: The above Limited Warranty is subject to the following conditions: This warranty extends only to products distributed and/or sold by BackGenius or purchased directly from a BackGenius network provider. This warranty covers only normal use of the Activity Suit, BackGenius shall not be liable under this warranty if any damage or defect results from (i) misuse, abuse, neglect, improper shipping or installation; (ii) disasters such as fire, flood, lightning or improper electric current; or (iii) service or alteration by anyone other than an authorized BackGenius representative; (iv) damages incurred through irresponsible use, including those resulting from viruses or spyware, overclocking, or other non-recommended practices. No warranty extension will be granted for any replacement part(s) furnished to the purchaser in fulfillment of this warranty. Exclusions: BackGenius is not responsible for any damage caused by normal wear and tear. This warranty is null and void if the defect or malfunction was due to damage resulting from operation not within manufacturer specifications. It will also be null and void if there are indications of misuse and/or abuse. BackGenius has the option of voiding the warranty if any one other than a BackGenius center attempts to service/repair/replace the product. Under no circumstances will BackGenius be responsible for any refund or remuneration as outlined and agreed to by the customer. BackGenius will not be held responsible for typographical errors on sales receipts, repair tickets, or on our website. BackGenius makes every effort to make sure all information on our website is correct.



CUSTOMER SERVICE INFORMATION

Any concerns about your scoliosis activity suit should first be presented to the BackGenius provider who prescribed your suit. Please feel free to contact our customer service representative if you have any further questions or concerns:

Email: customercare@backgenius.com

Phone: (877) 631-0191

